IS BENEFITED

Woman's Page

How to Fight the High Cost of Living

Cake Contest-Best Cake For Least Money Is What Standard Is Looking For—Recipe For One-Egg Cake Guaranteed to Be Delicious and Most Economical If Made According to Directions -Dinner Sets Offered as Prizes For Best Cakes-Third Prize Porcelain Coffee Set-Fourth Prize, Four-Pound Can Cottolene -Cheapest Cooking Fat Almost as Good as Butter.

COTTOLENE CAKE CONTEST

Ce

The best cake for the least money s what the Standard is looking for We are offering a number of prizes for the best cake made according to the following recipe. Of course, Cot-tolene must be used.

Rub the Cottolene and sugar to a light cream; add the well-beaten yolk of egg and vanilla. Mix together the soda, cream of tartar and flour, and

stir into the sugar mixture alternately with the milk. Add the well-beaten white of egg last. Bake in a shallow pan in a moderate oven about half an hour. Two level teaspoons of baking powder may be used instead of the sode and cream of tartar. To the ladies that can bake the best cakes from the above recipe we

First prize-One set 36 pieces din-

Second Prize-One dinner set of 33 Third Prize-One porcelain perco-

lator coffee pot, cream and sugar Fourth Prize-The first twenty-five paid up subscribers of the Standard

that will apply at the Standard Business Office on or before May 31st and agree to make a cake according to the above recipe and exhibit it at the Standard office on June 7, 1913, will each receive free, one four-pound can of Cottolene. There you are, can you afford to

try it? A real cake can be made for just about 15 cents and have the best of everything used in the cake. How many wives find it hard work and a drudgery to make a cake? How many cannot make a cake? If you want to make cake-making a pleasure, get in on this contest. It coats nothing to get the four-pound car of Cottolene free and try You can experiment several times an profit by experience before the / hibit takes places on Saturday, June 7th, at 3 o'clock.

CHEAPEST COOKING FAT

If cottolene is 2 cents a pound cheaper than lard and when one pound of cottolene goes as far as one and a third pounds of lard, why do people use lard? At present high prices, should people be advised on these matters? I think so. The man-Macturers of cottolene guarantee that three pounds of cottolene will bring the same results as four pounds If that is true then 15 cents worth of cottolene will bring the same results as 20 cents worth of lard.

a slight smell of the cotton seed oil Yes, and lard has the smell of hog cil or lard. You have become familiar with the smell of hog oil. Just let an open bucket of lard and cottolene stand in your cellar for a month and I wager that cottolene will have the sweetest odor in the cellar Why don't you tell your readers about the cheapness of cottolene? I know it is good for all cooking purposes that lard is used for, and almost as good as butter.

RECIPES.

When Making Mayonnalse Dressing. When making mayonnaise dressing use a revolving egg beater, and add the oil to the egg nearly a tea-spoonful at a time until it is thick. After a time, should it separate, it can be made over by starting it over again, only adding another yolk to the curdled mixture, a teaspoonful at a With continuous beating this will become smooth and thick again. Nothing is better than sour cream added to make it thin.
STANDARD READER.

Method of Cleaning Feathers. After seeing the following tried sat-lafactorily on over a hundred Knight femplars' feathers, when in a clean ing establishment in Chicago, I fefree to recommend it to clean feathers: To one quart of gasoline add one cup of flour. If the plumes are extremely dirty one will need to use two recipes. If the first, use some good white soap, then the flour and gaso-line. Hank out to dry. Shake out the flour and hold the plume over the steam of a teakettle to restore life Pinish by going over each fiber with the dull part of a knife. I have clean ed many dresses in the same way, us ing the same proportions of flour and gasoline. This is also good for blue and pink silk; also for summer dress-ee. In fact, it will cleans anything except dark shades, like brown or black. C. E. P.

LAZINESS A MENACE TO BEAUTY Lying in bed while the sun shines contrary to nature's laws. Taking sufficient sleep is one thing, but ly ing in bed when your sleep is finiahed will have a tendency to numb your body and retard healthy circula-tion of the blood.

body that electrifies the entire sys-

well, rarely lie down during the day; if they take their "cat naps" they generally take them sitting. The reason is they know well lying down relaxes away their appetites, and slows them down generally.

slows them down generally.

There is no reason why people should not be as young as they want

It is an absolute punishment to be

How refreshing it is to a person who has been obliged by illness to remain in bed for any length of time to get into another room, if only for an hour or so. The weak become stronger by changing their bed from one room to another.

Persons who suffer from lung trouble should lie down as little as pos-sible. Lying down, without relief of sitting posture or walking about a lt. room, will clog the pulmonary cir-culation, and this often causes con-gestion of both lungs.

Alertness of mind comes quickly by alertness of body. Working girls who are obliged to sit hours at a time mentary to this congress there should be an international supreme court, which would hear disputes between matters. All nations should be ready luncheon. It would be better to take to agree to a gradual disarmament. "While I endurse what the Peace so a sandwich and run out into the air to eat it than to sit down to a feast

during luncheon hour Remember: The muscles, the blood and the body all sleep with the mind and must all be awakened together.



OF CORD COTTON.

Graceful and novel is this summer frock, made with an underwaist of plain net, covered with another of all-over lace. The waist closes at the front with small white crochetted but-The facket and skirt are of the

white cotton material resembling Bed-ford cord. The skirt has a straight back panel and two draped side pieces. fastened together, with buttons at each crossing. The collar and sash are made of figured chiffon, edged with copper colored messaline

Simple New Remedy

buckthorn bark, glycerine, etc., as compounded in Adler-i-ka, has such a quick, powerful action. Our custo-mers state that JUST A SINGLE DOSE usually relieves sour stomach, gas on the stomach and constipation so QUICKLY that it is really astonishing Many say Adler-i-ka is the best bowel and stomach remedy we A. R. McIntyre, Drugs. (Advertisement)

SALT LAKE

COAL SHORTAGE IS THREATENED

Eight hours' sleep is enough for any coman and six hours is enough for any man Salt Lake, May 26.—If the retail coal dealers of Salt Lake carry out a plan now under consideration, Salt It is a mistake to remain in bed in the morning after you have awakened and taking breakfast in bed is fatal to the beauty of the figure. The muscles become semi-paralyzed if not of delivery which went into effect Saturday.

that the case would be carried to the

state supreme court.

At a luncheon at the Commercial club Saturday the dealers began to plan ways and means of securing the enforcement of the law, which they hold means an aggregate of \$150,000 to \$200,000 a year to them.

The plan proposed and which it is said was informally agreed upon is to the effect that all dealers will refuse all cars of lump coal from the railroads unless the coal be weighed before delivery in accordance with fore delivery in accordance with same time orders to the producers will be continued.

It is estimated that approximately twenty cars of lump coal per day are brought into Salt Lake. The dealers are said to take the attitude that their refusal to accept the coal will eventually result in the tying up of a large amount of the rolling stock of the railroad. It is contended that railroads will be forced to load railroad.

PENROSE TALKS ON WAR AND PEACE

Salt Lake, May 26.—As a sequel to tolene must be used.

One-Egg Cake.

One-third cup Cottolene, one sugar, one egg, one teaspoon vanilla, one-half teaspoon soda, one teaspoon cream tartar, two cure spoon cream tartar, two cure is positively necessary to health. The spoon cream tartar, two cure is positively necessary to health. The spoon cream tartar, two cure is positively necessary to health. The spoon cream tartar, two cure is positively necessary to health. The spoon in the Tabernacle, said that while every effort should be made to bring about universal peace and the spoon cream tartar. spoon cream tartar, two cups flour.

The above recipe is said to be for the most economical cake that can fer than a sleeping room at all times be made, and be cake, if, made according to the following directions:

The above recipe is said to be for the most economical cake that can fer than a sleeping room at all times the most economical cake that can fer than a sleeping room at all times the following directions:

The above recipe is said to be for even a cup of tea. Breakfast in other and people should not take up arms against oppressors.

"There is some talk of war now," he said "I do not think it is immi-nent, but I think it is wise for a nation to be ready for defense. Armles and navies cost a lot of money but we must have them. I believe The Hague tribunal and the Peace society are do ing great work, but we cannot dis-arm all nations give up our armies

"There should be an international congress or parliament to make laws for all the nations and which should

While I endorse what the Peace so ciety is doing and I am a member the organization, some of our friends society say that war is always wrong, that there is no excuse for it. moral, religious or otherwise. Is war always wrong? I do not think so. There are times when it is inevitable."

President Penrose went on to say

that there could be no wrong in peo-ple taking up arms for their defense when arms were raised against them. He recalled the oppression of the colonles by Great Britain, how the crown made war and how the colonies re-sisted and "by the blood of heroes established our glorious nation. the United States. Washington and other of Revolutionary war were in spired of God and the men who wrote that instrument of freedom, the con-stitution of the United States, were nspired of God."

The speaker declared that scriptures and revelations indicated there would be wars, tempests and commotions before the end, in which the wicked would slay the wicked, but then would come the real peace-with God the su-

Getting down to everyday lives, President Penrose urged Latter-day Saints to maintain peace in their communities; not to have bickerings, and take their conflicts to the civil courts. Most of these disputes, he said, rose over selfish things and money matters, and he urged the church members to let the ward teachers adduding the conflicts to the civil courts. bers to let the ward teachers adjudi-

er not a mere muttering of words and movement of the lips, but a spiritual communion with their God.

President Penrose conducted the services and was the only speaker. Charles Wilckens gave the invocation

VICE INSTANCES TO BE

during the coming week regarding conditions in lodging houses and to turn this data over to the county attorney so the latter may secure action by the police department, under the new in-junction and abatement law, now in er has announced that Memorial day police department, under the new effect.

of police was quoted at yesternay's meeting as promising to get action on rooming house cases this week, Rev. the day.

The gathering for the parade will the gathering for Has Powerful Action
It seems strange to many people in Ogder that the simple mixture of

"I cannot see that the city is work sion will march to the cemeter ing with us," he said, "and I have the following order: Marshal of been led to believe by the mayor that day, Martial band, G. A. R. R. there will be no prosecutions of the corps, Indian war veterans. City band, practiced. The chief of police has been | ders, Sunday schools of all denomina. quoted as saying he would begin ac-tion in this matter this week. But is there any way to get from the chief some definite statement of what he intends to do?"

"MESSIAH" TREAT FOR

CONVICTS IN PRISON Salt Lake, May 26.—Although the Messiah" under the direction of Squire Coop has been given before four highly appreciative audiences.

Deputy Warden A. C. Ure said that of his mentally deranged condition. the entertainment was without doubt the best one that had ever been given

WOMAN GAVE DESPERADOES KNIVES THAT THEY MIGHT ATTACK OFFICERS OF CHICAGO COURT IN DASH FOR LIBERTY IS CHARGE



were desirous of hearing the "Messiah," Squire Coop announced that it would be rendered again at the Empress theatre and as a result a fair-sized audience was in attendance yesterday afternoon.
At the close of the performance

the weapons,

Squire Coop was presented with a diamond tie pin and cuff links by Professor Ebaugh on behalf of the University of Utah Musical society. The card encased with the handsome present read, "To Professor Squire Coop as a slight token of the esteem affection in which he is held by the University Musical s ociety.

A feature of the afternoon per-formance was the rendition of an encore to the soprano solo "Come Unto Him." Mrs. M. Tout Browning's ren-Him. dition had awakened the enthusiasm of the audience, and for the repeat the entire soprano forces of the chorus joined Mrs. Browning, and the work was done with a precision and effect that were remarkable.

MAYOR OF BOISE IS NOW ON TRIAL

Boise, Ida., May 25.-Mayor Arthur Hodges of this city is on trial in the district court charged with failure to perform the duties of his office and enforce the ordinance protection of the Mexican capital the unsuffer.

The results and the provided as more than the provided as the second of the provided as more than the provided as the provided as more than thur Hodges of this city is on trial Boise, declaring that so far as he

laws in an attempt to remove Mayor Hodges instead of acting on the recall cruits and their lack of discipline provision of the commission form of makes operations with small bodies government act under which Boise is almost impossible. The rebels are operating.

and the benediction was pronounced of a complete vindication. The re-by Angus M. Cannon.

Stricted district in this city has been penetrated the federal district. for years a subject of municipal discussion and has caused every incom- a few miles from the capital and reb-PUT UP BY AUTHORITIES administration trouble It was closed els raided a ranch near San Angel, Salt Lake, May 25 — The executive at one time during the administration of Mayor Joseph Pence, who refused to permit the city to become a party society resolved at its meeting yester to permit the city to become a party day afternoon at the Hotel Utah to the traffic. At that time fines gain as much information as possible were being paid monthly into the municipal court.

> PREPARATIONS MADE FOR MEMORIAL DAY

ffect. will be fittingly observed by Provo The action of the society was said and vicinity. Elaborate preparations to be in reality a test of the sincerity are being made by the city commis-of the city administration, as the chief sion, and every detail will be looked

sion will march to the cemetery in Relief owners of houses where prostitution is city officials, mounted; fraternal or-

tions, the public in general.

Prof. J. R. Boshard will be in charge of the music.

will be carried out. SHOCK CAUSED DEATH

Salnion City, Ida., May 25.—At the inquest held in the body of J. W. McRiding, the rancher who jumped four highly appreciative audiences, into the Salmon river last week while perhaps the one most pleased was that suffering from hallucinations, the of 217 prisoners at the state peniten-jury found that he had come to his tiary which enjoyed the rendition of death by means unknown to the jury

Mexico City, May 26.—The war de-partment expressed the belief that before the end of the week the gov-ernment will be in possession of Her-mosillo, capital of Sonora, that much will be accomplished towards reopening the Mexican Central railway between Chihuahus and Torreon and that fair progress will be made in the campaign now being directed from Monterey. Rebel sympathizers, however, would not be surprised if when the week closes, the advantage would be sufficient for only served to emphasize the demand the week closes, the advantage would be supposed to the great Pacific railroads was built lar that the federal government allows Mr. Bark for his experiments, and in addition the big water companies and project companies contributes to the work he is dobe on the side of the enemies of the government. The attack on Morelia, capital of Milchoacan late Saturday was repulsed by the federals.

Rebels are still occupying posi-tions near the towns, but the for-Emma Lucy Gates, will direct the mu-sic department of the L. D. S. U. next warding success improbable. It is not considered likely that any state capl-tals now held by the government will tals now held by the government will year, thereby taking the place of Osfall into the hands of the rebels, who car A. Kirkham, who recently resignseem content to occupy the small ed his position to become field secretary of the M. L A. of the Mormon

towns in the rural districts.

It is regarded as more likely that in were received yesterday from Monterey nor Tampico. Eight hundred troops to his foreign studies Mr. Gates was a cate differences without carrying them to church or civil courts.

In conclusion he said: "We must be valiant for the truth but let us be to church or civil courts.

The case is one that has caused an interest of the court of tricts say the rebel ranks are rapidly lan, Mrs. Clayton and others. rainant for the truth but let us be tolerant of the views of others. Let up heaval in local municipal circles us arbitrate our differences." At the beginning he spoke briefly of prayer, urging Latter-day Saints to make pray er not a mere muttering of works.

The case is one that has caused an upheaval in local municipal circles being filled. The government, however, is also building up its army, many of the recruits being former prisoners until there are now more invoked a provision of the general municipal circles and the control of music specific provision of the general municipal circles and the control of music specific provision of the general municipal circles are also building up its army, able note, also a band director, single prisoners until there are now more invoked a provision of the general municipal circles are provision of the general musical instruments. before. The character of these re- S. U. highly recommended. moving in small mobile bands, which Mayor Hodges says he is confident have been active in the states of Jalisco and Hildago. They have also small government force was repulsed a guburb.

UNKNOWN PATIENT MAY BE ROTROM

Rochester, Minn., May 26.-Thu J. C. R.," the unknown patient at the Rochester state hospital for the in sane is Lieut. Rotrom is the belief of state hospital officials and was given credence by J. C. R., who enthusias tically indicated yesterday that his identity had been established.

The information came in a letter

from Edward Vogt, a sailor of New ark, N. J., who claims that he with Rotrom on the battleship New York and that both took part in the battle of Matanzas, Cuba, during the Spanish-American war, in which Rotrom received a number of The information given by Vogt tal lies closely with the story repeatedly told by J. C. R.

The hospital authorities will notify the navy department.

When the parade arrives at the Cometery an interesting programme

Washington, May 26 .- Another great

Atlantic-Pacific waterway, making a ship route between the eastern and the sacred music yesterday morning. Every prisoner in the penitentlary was marched into the prison yard. There the "shut-ins" stood in four rooms with bared heads just behind the dead line, while they listened to the dead line, while they listened to icy-cold water killed him. The jury tiring Nicaraguan minister. Castri-the sacred oratorio. Squire Coop. exonerated from all blame the two lo declared in a statement last night the sacred oratorio. Squire Coop, with his well trained chorus, gave men who were in the rig with Mctheir performance in the southeast corner of the prison yard.

Riding and who were bringing him to Salmon for proper care on account to Salmon for proper care on account all would be constructed across his al would be constructed across his country. The canal treaty was ne country. The canal treaty was ne gotiated by Minister Weitzel last winmuscles become semi-paralyzed if not awakened to movement.

The healthy person should get out of bed quickly upon awakening, start immediately to move about. A few moments of dumb bell exercise or bending will limber up the muscles railroad will pay no attention to the quickly and give a youthfulness to the limited and give a youthfulness to the limited and give a gollated by minister that nad ever been given at the prison and that the prisoners appreciated it as only those can who have been shut out from the world for years.

PROOF OF 11.

Daughter—But, papa, how can you then limited by minister the prison and that the prisoners appreciated it as only those can who have been shut out from the world for years.

Finding after the first appearance of his chorus at the Salt Lake theatory in the best one that nad ever been given at the prisoners appreciated it as only those can who have been shut out from the world for years.

Finding after the first appearance of his chorus at the Salt Lake theatory in the Molaragua for \$3,000,000 would grant the United States the exclusive of his chorus at the Salt Lake theatory in the Molaragua for \$3,000,000 would grant the United States the exclusive of his chorus at the Salt Lake theatory in the Molaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States the Account of the Nicaragua for \$3,000,000 would grant the United States

Popular Lady of This City Endorses Plant Juice, the New Tonic

OGDEN WOMAN IS

"I have been troubled for ten years w. a stomach trouble and constipation and have taken all kinds of medicine without any favorable results until I took Plant Juice."

This statement was made by Mrs. W. Richardson, 1872 Park avenue, this city. Mrs. Richardson also as-serts that the remedy has done wonders for her and that she is very willing to recommend it as the best remedy for stomach trouble. She stated that she has eaten her meals more heartly than for ten years and that Plant Juice brought about the favorable change.

Being a scientific combination of herbs and plants of nature's own wonderful—the woods, meadows and plains—it is nature's own cure. The benefits that have been derived by the thousands of this and other states assures that it is the medicine to be used in cases of atomach or blood troubles. Plant Juice is for sale at the McIntyre Drug store, 2421 Washington avenue.

OVER-IRRIGATION IS
BANNED BY EXPERT

"I believe the measurement of water and 'duty on water' campaigns for irrigation districts of Utah will be as productive of good results as they have been in Idaho and I am glad to see the movement taken up here," said Don H. Bark, irrigation engineer in Idaho for the department of agri-

Mr. Bark, who is an expert on the subject, is much interested in the campaign against over-irrigation in Utah, recently galvanized in a mass meeting of water users, water company representatives and others at the Commercial club.

"Of course, the pending treaty may be modified," said Dr. Castrillo, "but I am greatly encouraged by Mr. Bry-About eight years ago Mr. Bark went to Idaho as engineer for the an's assurance that he has a broad view of the subject after a careful examination of the provisions of the experiment station of the department of agriculture and began telling the irrigation farmers and companies of that commonwealth that they 'After all the Panama canal is of putting too much water on the land military and strategic importance, but when it is realized that the Nicaras-At first he met with little encourage-ment, but he soon made practical uan would shorten the route to the Pacific coast by an additional two thousand miles I am convinced that it will be built. When the first of Carey act fund a dollar for every dolfor other lines, which were speedily built." ing. He is now known to everybody in Idaho.

"Different localities, different soils different climates require different amounts of water of course," he said. "One cannot make a hard and fast Brigham Cecil Gates, brother of make a gard and rule that a foot and one-half or two make department of the L. D. S. U. next le department of the water to tell exactly how much is reeded to raise the largest crops, and that is what I have been doing in Idaho. Now it keeps me busy looking after all the experiments. Men ment of water, the companies paying part of the cost and the state fund paying dollar for dollar with the government. We have learned in Idaho to save the water and get bigger and better crops."

AN EMPTY HONOR

servatory of Music in Boston, Prior to "I hear the ladies of your church got up a purse for the parson," said Wiggleton. student of music under J. J. McClel-

"Yes," said Dabbs. 'And was the old

pleased?"
"Well—no. You see," said Dabbs "after they got up the purse they couldn't raise any money to put in it."—Marper's Weekly.



WANTED

CLEAN, WHITE OLD RAGS AT THE STANDARD OFFICE

PHONE 56.

ment also would have the right to ac

proposed convention

BRIGHAM CECIL GATES

L. D. S. U. MUSIC HEAD

Mr. Gates will finish a three years

vacation, will sail immediately home to take up his new field of labor at the L. D. S. U. next autumn. He has

studied one year in New York and an-

NOT BLAMING THE TOBACCO.

"Were you sick the first time you ever smoked?"

"I should say I was!"
"I shouldn't think you'd ever have

"It wasn't the tobacco that affected

cared for tobacco again if It affected

me. Father was to blame for that.

you that way.

Judge.

quire a coaling station in the bay of Fonseca on the Pacific side of the

360 24TH.



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